

#themarshalleffect



We're all in this together

About Us

#themarshalleffect was established in memory of Ryan Mark Marshall, who took his life on December 29, 2018.

Our mission is to provide support for youth and young adults who are at risk of self-harm or suicide, or who are victims of partner abuse. We also wish to carry on Ryan's legacy of helping others through activities that reflect his spirit as well as the challenges he faced in his own life.

Themarshalleffect is a 501(c)3 organization and a registered charity in good standing with the state of Colorado.

What We Provide

#themarshalleffect currently collaborates with Front Range Treatment Center (frtc.ltd), in the Denver area, as well as groups in Fort Collins and Boulder, Colorado. All of these groups specialize in **Dialectical Behavior Therapy (DBT)**. DBT is the form of therapy that provides the most effective known intervention for people at high risk of self harm or suicide. We are financially supporting individuals who are at risk but cannot afford treatment.

More About Dialectic Behavior Therapy (DBT)

Dialectic Behavior Therapy is an **Evidence Based Treatment** used with individuals at high risk for self harm for whom other forms of therapy have failed. Instead of hospitalization, psychiatric medication, and programs that remove clients from their typical environment, DBT builds skills in the areas of mindfulness, distress tolerance, emotion regulation, and interpersonal effectiveness. The term Dialectic refers to the creation of a balance between acceptance and change that is needed in every person's life. It is the recognition that we can experience pain and difficulty, often due to problems not of our own making, and also are deserving of and can enjoy a meaningful life worth living. (Credit: Kimberly Marshall Adams, LCSW)

WE INVITE YOU TO [JOIN OUR EFFORTS!!](#)

www.themarshalleffect.org

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Suicide rates among youth and young adults on the rise

- Globally, suicide is the 2nd leading cause of death in individuals 15 - 24 years of age.
- In the US the suicide rate climbed 56% between 2007 and 2017, for people 10 to 24 years of age.

Suicide is the 10th Leading Cause of Death in the United States.

Homeless populations are vulnerable

Homeless populations are among the most unsupported populations within the U.S. with suicide rates estimated to be nine times that of the general population.

Veterans and suicide

Veterans are at 1.5 times the risk of suicide than non-veterans. Post Traumatic Stress Disorder (PTSD) and Traumatic Brain Injury (TBI) along with substance abuse are thought to be contributors.

Colorado and suicide

The mountain states and Alaska represent some of the highest death rates by suicide in the nation. Colorado now has the 5th highest rate of suicide nationally.

For more details, please visit our [website](#)



How You Can Support #themarshalleffect

Benefit	Level 1 - \$250	Level 2 - \$500	Level 3 - \$1000	Level 4 - \$2000
Website Recognition - over 500 views/month	✓ *Sponsor List	✓ Small Logo for 1 year	✓ Mid-sized logo for 1 yr	✓ Premium Logo - 1 yr ✓ Link to Sponsor Website
Social Media Recognition >2700 followers	✓ When donation made	✓ Two times/year	✓ Quarterly	✓ Premium Logo Quarterly
e-Newsletter - 150 subscribers (periodic to quarterly publication)	No Benefit	✓ *Sponsor List	✓ Mid-sized logo - 1 yr	✓ Premium logo - 1 yr
Public Recognition at Events	✓ *Sponsor List	✓ *Sponsor List	✓ Mid-sized Logo -1 yr ✓ Presence at Events	✓ Premium Logo - 1 yr ✓ Presence at Events

* Sponsor list: Your business will be listed in a Sponsor Section on various media, but no logo will be shown.

**All in-person events for 2021-22 will depend on health and safety guidelines of the communities in which they're located. Any changes will be communicated as quickly as possible. For online events, sponsors will be recognized within the event page in lieu of in person.